

## **Mental Health Profile: North Herts District**

#### **Estimated Population of North Herts:** 2012: 18-64 77,700 18-64 65+ 22,700 5% increase 2020: 65+ 18-64 81,300 19% increase 27,000 65+

### **Common Mental Health Problems**



1 in 5 Females



1 in 8 Males

Aged 18-64, are estimated to have a common mental health problems

# **Borderline Personality Disorders**

Estimated number of people in North Herts with a borderline PD -

350

**33%** Male

67% Female

% of North Herts residents are estimated to have a common mental health problem

*In line with* 

% of all Hertfordshire residents

# **Antisocial Personality Disorders**

Estimated number of people in North Herts with an antisocial PD -

270

**85%** Male

15% Female



% of North Herts residents are estimated have 2 or more psychiatric disorders

*In line with* 

% of all Hertfordshire residents

#### Depression in over 65's

Estimated that 1960 people over 65 have depression.

**34%** Male

66% Female

7% of all males over 65 have depression compared with 10% of females over 65

The estimated number of people over 65 in North Herts with dementia

#### **Dementia Prevalence**

- 1,679 North Herts residents aged 65+ have dementia
- 33 people have early on set dementia (aged 30-64)
- 1 in 4 of those with early on set dementia are male and aged 50-59

**52** 

% of the estimated number of people with dementia, are registered as such with a GP